

Sexual Health Inventory For Men (SHIM)



HEALTHY MALE
ANDROLOGY AUSTRALIA

Each question has 5 possible responses. Circle the number that best describes your own situation. Select only 1 answer for each question.

Over the past 6 months:	<i>Very low</i>	<i>Low</i>	<i>Moderate</i>	<i>High</i>	<i>Very high</i>
How do you rate your confidence that you could keep an erection?	1	2	3	4	5
	<i>Almost never or never</i>	<i>A few times (much less than half the time)</i>	<i>Sometimes (about half the time)</i>	<i>Most times (much more than half the time)</i>	<i>Almost always or always</i>
When you had erections with sexual stimulation, how often were your erections hard enough for penetration (entering your partner)?	1	2	3	4	5
During sexual intercourse, how often were you able to maintain your erection after you had penetrated (entered) your partner?	1	2	3	4	5
When you attempted sexual intercourse, how often was it satisfactory for you?	1	2	3	4	5
	<i>Extremely difficult</i>	<i>Very difficult</i>	<i>Difficult</i>	<i>Slightly difficult</i>	<i>Not difficult</i>
During sexual intercourse, how difficult was it to maintain your erection to completion of intercourse?	1	2	3	4	5

Adapted with permission from: Rosen RC, Cappelleri JC, Smith MD, Lipsky J, Peña BM. Development and evaluation of an abridged, 5-item version of the International Index of Erectile Dysfunction (IIEF-5) as a diagnostic tool for erectile dysfunction. Int J Impot Res. 1999;11:319-326. <http://www.nature.com>.

Information for Clinicians

Scoring instructions

Add the numbers corresponding to the answers for questions 1 through 5. If the patient's score is 21 or less, erectile dysfunction (ED) should be addressed.

The SHIM score characterizes the severity of the patient's ED in the following manner:

22-25 No ED

17-21 Mild ED

12-16 Mild-to-moderate ED

8-11 Moderate ED

5-7 Severe ED

Score: _____

Purpose of SHIM

- With the advent of oral therapies for ED, the need for accurate diagnosis is greater than ever.
- The SHIM Questionnaire (also known as the IIEF-5) is an abridged and slightly modified 5-item version of the 15-item International Index of Erectile Function (IIEF), designed for easy use by clinicians, to diagnose the presence and severity of ED in clinical settings.
- This diagnostic tool may reduce the number of incorrectly diagnosed or underdiagnosed cases. It is intended to complement the physical examination and patient history as a means to detect ED.

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